



# thundershirt

THE BEST  
SOLUTION  
FOR:



THUNDER



FIREWORKS



VACUUM  
NOISE



CONSTRUCTION  
NOISE



CAMERA  
FLASHES

Thundershirt does not require any training of your dog to be an effective remedy for noise anxiety. Most dogs will exhibit reduced or eliminated symptoms with the very first usage of Thundershirt (e.g. *reduced shaking, reduced panting, etc.*). Some dogs require two or three usages before they begin to show improvement. After receiving your Thundershirt, we recommend following two simple steps:

**Step 1:** Perform the “Initial Fitting and Conditioning” as described below.

**Step 2:** When a thunderstorm is approaching or some other noise trigger is likely, simply slip the Thundershirt onto your dog. That’s it!

**Initial Fitting and Conditioning:** Thundershirt is designed to be very easy to put on and take off...no need for pulling a shirt over her head or threading her legs through leg holes. With Thundershirt, simply follow the “Fitting Instructions” on the other side of this sheet. After you first receive your Thundershirt, we recommend putting Thundershirt on your dog for 5-10 minutes while she is NOT feeling anxiety. This has two benefits:

- 1) Allows you to learn exactly how to use Thundershirt while the dog is calm.
- 2) Avoids the risk that she might begin to associate Thundershirt with what bothers him/her.

While your dog is wearing Thundershirt this first time, just leave her alone (e.g. *no petting, playing, talking, etc.*). Do observe your dog’s behavior. After a few minutes, she will likely relax. It can also be beneficial to put Thundershirt on every 4-to-8 weeks in the absence of noise; this conditioning helps her remain comfortable with Thundershirt and avoids her beginning to associate Thundershirt with something she fears.

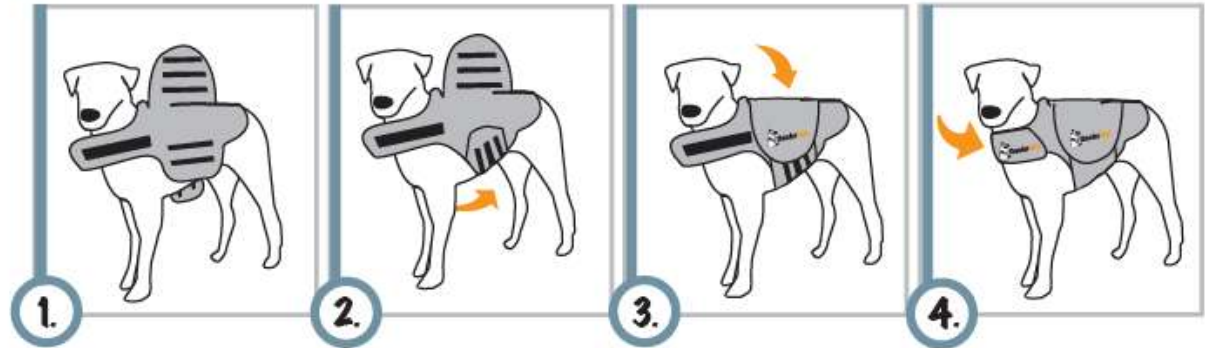
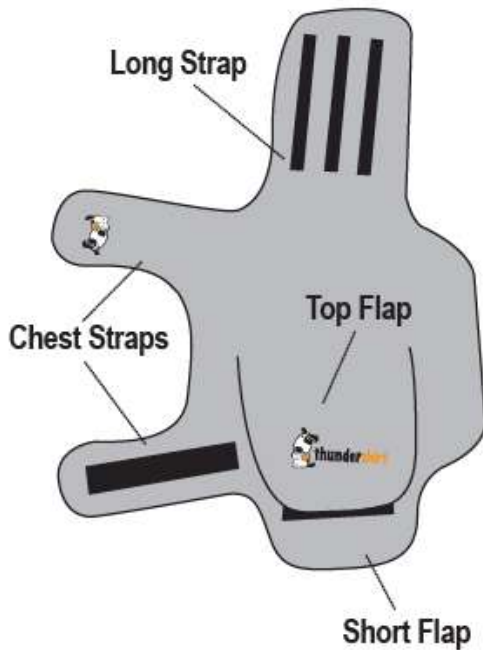
**Positive Association:** While not necessary to do, building a positive association with the Thundershirt for your dog can improve your experience with using Thundershirt. The simplest way to do this is to give her a treat after each time you put it on.



thundershirt

# Fitting Instructions:

## Parts Diagram



See the diagram to the left for identifying the parts mentioned below.

**Step 1.** Place the Thundershirt on your dog's back and wrap the Short Flap under the torso.

**Step 2.** Wrap the Long Flap under the torso and secure with velcro onto the short flap. Make a comfortable, snug fit.

**Step 3.** Wrap the Top Flap down onto the Long Flap and secure with velcro. Adjust to improve the snug fit and keep Thundershirt securely in place.

**Step 4.** Wrap the Chest Straps around the front of the dog and secure with velcro.

*Note: If your dog is tolerant of having it pulled over her head, when you remove Thundershirt, leave the chest straps secured. Then when you put Thundershirt back on, simply pull the chest straps over the head.*

